

## Tong Che Bahk Do (Children), Color Belt Testing Requirements Overview

<u>Rank</u>	<u>Form(s)</u>	<u>Self-Defense</u>	<u>Sparring</u>	<u>Breaking</u>	<u>Time</u>
<b><u>White Belt w/Stripe (8th Rank)</u></b>	Ki Cho Il Bu ( <i>Basic Form #1</i> ) Ki Cho Ee Bu ( <i>Basic Form #2</i> )	Ki Cho self-defense # 1 and 2	1 opponent	Not required	1 month
<b><u>Yellow Belt (7th Rank)</u></b>	Ki Cho Sam Bu ( <i>Basic Form #3</i> ) Ki Cho Sa Bu ( <i>Basic Form #4</i> )	Ki Cho self-defense # 3 and 4	1 opponent	1 board	1 month
<b><u>Yellow Belt w/Stripe (6th Rank)</u></b>	Pyong Ahn Cho Dan ( <i>Safe from Harm Form #1</i> )	Pyong Ahn self-defense # 5 and 6	1 opponent	1 board	1 month
<b><u>Red Belt (5th Rank)</u></b>	Pyong Ahn Ee Dan ( <i>Safe from Harm Form #2</i> )	Pyong Ahn self-defense # 7 and 8	2 opponent gauntlet	1 board	1 month
<b><u>Red Belt w/Stripe (4th Rank)</u></b>	Pyong Ahn Sam Dan ( <i>Safe from Harm Form #3</i> )	Pyong Ahn self-defense # 9 and 10	2 opponent gauntlet	1 board	1 month
<b><u>Brown Belt (3rd Rank)</u></b>	Pyong Ahn Sa Dan ( <i>Safe from Harm Form #4</i> )	Pyong Ahn self-defense # 11 and 12	2 opponent gauntlet	1 board	1 month
<b><u>Brown Belt w/Stripe (2nd Rank)</u></b>	Pyong Ahn Oh Dan ( <i>Safe from Harm Form #5</i> )	Pyong Ahn self-defense # 13 and 14	3 opponent gauntlet	1 board	1 month
<b><u>Brown/Black Belt (1st Rank)</u></b>	All previous forms	All previous self-defense applications	Not required	Not required	2 months

## Tong Che Bahk Do (Adult), Color Belt Testing Requirements Overview

<u>Rank</u>	<u>Form(s)</u>	<u>Self-Defense</u>	<u>Sparring</u>	<u>Breaking</u>	<u>Time</u>
<b><u>White Belt w/Stripe (9th Rank)</u></b>	Ki Cho Il Bu ( <i>Basic Form #1</i> ) Ki Cho Ee Bu ( <i>Basic Form #2</i> )	Ki Cho self-defense # 1 and 2	1 opponent	Not required	1 month
<b><u>Yellow Belt (8th Rank)</u></b>	Ki Cho Sam Bu ( <i>Basic Form #3</i> ) Ki Cho Sa Bu ( <i>Basic Form #4</i> )	Ki Cho self-defense # 3 and 4	1 opponent	1 board	1 month
<b><u>Yellow Belt w/Stripe (7th Rank)</u></b>	Pyong Ahn Cho Dan ( <i>Safe from Harm Form #1</i> )	Pyong Ahn self-defense # 5 and 6	1 opponent	1 board	1 month
<b><u>Red Belt (6th Rank)</u></b>	Pyong Ahn Ee Dan ( <i>Safe from Harm Form #2</i> )	Pyong Ahn self-defense # 7 and 8	2 opponent gauntlet	1 board	1 month
<b><u>Red Belt w/Stripe (5th Rank)</u></b>	Pyong Ahn Sam Dan ( <i>Safe from Harm Form #3</i> )	Pyong Ahn self-defense # 9 and 10	2 opponent gauntlet	1 board	1 month
<b><u>Red/Brown Belt (4th Rank)</u></b>	Pyong Ahn Sa Dan ( <i>Safe from Harm Form #4</i> )	Pyong Ahn self-defense # 11 and 12	2 opponent gauntlet	1 board	1 month
<b><u>Brown Belt (3rd Rank)</u></b>	Pyong Ahn Oh Dan ( <i>Safe from Harm Form #5</i> )	Pyong Ahn self-defense # 13 and 14	3 opponent gauntlet	1 board	1 month
<b><u>Brown Belt w/Stripe (2nd Rank)</u></b>	Tong Che Bahk Cho Dan ( <i>Controlled Striking Form #1</i> )	Tong Che Bahk self-defense # 15 and 16	3 opponent gauntlet	1 board	2 months
<b><u>Brown/Black Belt (1st Rank)</u></b>	Bassai Soh ( <i>Lesser Snake Form</i> )	Bassai Soh self-defense # 17 and 18	3 opponent gauntlet	1 board	2 months