

Dan	Gumbups	Categories	Cutting		Chances to Succeed	Push Ups
1st Dan	Ssangsoo Gumbup #1-12	Everybody	Snuff Five Candles		3 Times	16
	Shimsang Gumbup		Wood Breaking			
2nd Dan	Yedo Gumbup #1-9	Male	Bamboo pole in front	Downward cut from right to left and left to right	3 Times	20
		Female		Downward cut from right to left		
		Child	Strike a tennis ball with a downward cut from the right to left			
3rd Dan	Bonguk Gumbup #1-4	Male	Bamboo pole in front	Downward cut from right to left, left to right, and upward cut from right to left	2 Times	25
		Female		Downward cut from right to left and left to right		
		Child	Strike a ping pong ball with a downward cut from right to left	3 Times		
4th Dan	Bonguk Gumbup #5-7	Male	Bamboo poles in front and back	Front: Downward cut from right to left and left to right. Back: Downward cut from left to right, right to left, and upward cut from left to right.	2 Times	30
		Female	Bamboo pole placed in the front	Downward cut from right to left, left to right, and upward cut from right to left		
		Child	Strike a ping pong ball with an upward cut from left to right	3 Times		
5th Dan	Jangbaek Gumbup #1-4	Male	Bamboo poles in front and back	Front: Downward cut from right to left, left to right, and upward cut from right to left. Back: Downward cut from left to right, right to left, and upward cut from left to right.	2 Times	35
		Female		Front: Downward cut from right to left and left to right. Back: Downward cut from left to right, right to left, and upward cut from left to right.		
6th Dan	Jangbaek Gumbup #5-7	Male				
		Female				
7th Dan	Um Yang Gumbup #1-7	Male				
		Female				
8th Dan	Taeguk Gumbup #1-7	Male				
		Female				
9th Dan	Haidong Gumbup #1-7	Male				
		Female				
10th Dan	Ssanggum Gumbup #1-7	Male				
		Female				