



Dan Testing Regulations

Black Belt	Test Items						5 Finger Push-Ups
	Gumbub	Wood Breaking / Bamboo Cutting / Paper Cutting / Throw Cutting				Chances	
		Division	Testing Method				
1st Dan	Ssangsoo Gumbub #1-8	All		Wood Breaking with Mokgum		3 chances	16 push-ups
2nd Dan	Ssangsoo Gumbub #9-12 Shimsang Gumbub #1-4	Adult	Man	Bamboo Cutting	Front 2 times- right (left), left (right) downward cut	3 chances	20 push-ups
			Woman	Bamboo Cutting	Front 1 time- right (left) downward cut		
		Student	Paper Cutting	2 Targets- right (left), left (right) horizontal cut [minimum of 12 points to pass]			
3rd Dan	Yedo Gumbub #1-9	Adult	Man	Bamboo Cutting	Front 3 times- right (left), left (right), downward cut / right (left) upward cut	3 chances	24 push-ups
			Woman	Bamboo Cutting	Front 2 times- right (left), left (right) downward cut		
		Student	Throw Cutting	Tennis ball- right downward cut (<i>making two steps: left, right foot</i>)			
4th Dan	Bonguk Gumbub #1-7	Adult	Man	Bamboo Cutting	Front & Rear 4 times- <u>Front</u> : right (left), left (right) downward cut <u>Rear</u> : right (left) downward cut / left (right) upward cut	3 chances	28 push-ups
			Woman	Bamboo Cutting	Front 3 times- right (left), left (right), downward cut / right (left) upward cut		
		Student	Paper Cutting	3 Targets - right (left), left (right), right (left) horizontal cut [minimum of 18 points to pass]			
5th Dan	Jangbaek Gumbub #1-7	Adult	Man	Bamboo Cutting	Front & Rear 5 times- <u>Front</u> : right (left), left (right) downward cut <u>Rear</u> : left (right), right (left) downward cut / left (right) upward cut	3 chances	32 push-ups
			Woman	Bamboo Cutting	Front & Rear 4 times- <u>Front</u> : right (left), left (right) downward cut <u>Rear</u> : right (left) downward cut / left (right) upward cut		
6th Dan	Eumyang Gumbub #1-7	Adult	Man	Bamboo Cutting	Front & Rear 6 times- <u>Front</u> : right (left), left (right) downward cut / right (left) upward cut <u>Rear</u> : left (right), right (left) downward cut / left (right) upward cut	3 chances	36 push-ups
			Woman	Bamboo Cutting	Front & Rear 5 times- <u>Front</u> : right (left), left (right) downward cut <u>Rear</u> : left (right), right (left) downward cut / left (right) upward cut		