

# CG MARTIAL ARTS ACADEMY

PRESENTS THE

## BATTLE OF THE SCHOOLS

### MARTIAL ARTS TOURNAMENT

**Which of the three academies will prevail at the Battle of the Schools???**  
**Compete and help your school to earn the traveling trophy! Every medal earned means points for your school and will decide which location comes out on top.**

*\*\*All competitors will earn a medal for participating\*\**

#### WHEN

**May 12, 2012, Competition begins promptly at 10am.**

#### WHERE

**Countryside Recreation Center (Gym); 15038 N Parkview Pl, Surprise, AZ 85374.**

#### REGISTRATION

All competitors must fill out the attached registration form and submit it with **payment by April 7th.**  
**Late registration is \$10 extra.**

#### FEES

**\$25 for first event, \$5 for each additional event, and \$10 per participant for team events.**

**Spectators are free, donations will be accepted at the door.**

Snacks and beverages will be sold and a fundraiser silent auction will be held.

#### COMPETITION CATEGORIES

1. Tong Che Bahk Do Form
2. Haidong Gumdo Forms
3. Team Traditional Form
4. Sparring Choreography / Gyukgum
  5. Team Demo
  6. Lil' Dragons Sparring
  7. Point Sparring
8. Haidong Gumdo Sparring
9. Continuous Sparring

## 1. TONG CHE BAHK DO FORM

<u>Rank/Age Bracket</u>	<u>Form</u>
White Belt / Children all ages	One Ki Cho form
Color Belt / Children ages 5-8	One Pyong Ahn form
Color Belt / Children ages 9-12	One Pyong Ahn form
Color Belt / Teens ages 13-17	One Pyong Ahn, Tong Che Bahk, or Bassai form
Color Belt / Adults ages 18-Up	One Pyong Ahn, Tong Che Bahk, or Bassai form
Black Belt / Children ages 7-11	One Hung Gar or Soo Bahk Do form
Black Belt / Teens ages 12-17	One Hung Gar or Soo Bahk Do form
Black Belt / Adults ages 18-Up	One Hung Gar or Soo Bahk Do form

**Note:**

- All students must wear complete uniform
- Competitors will be judged on correctness of techniques in form demonstrated, speed, power, stances, focus, spirit and introduction

## 2. H Aidong Gumdo Forms

<u>Rank/Age Bracket</u>	<u>Form</u>
Color Belt / All ages	Ssang Soo Gumbup # 2, 3 and 1 other Ssang Soo Gumbup of choice
Black Belt / All ages	Ssang Soo Gumbup # 9, 10 and 1 choice of other Ssang Soo or Yedo Gumbup

**Note:**

- All students must wear complete uniform
- Color belts must use a mokgum
- Black belts must use a gagum
- Competitors will be judged on correctness of techniques in form demonstrated, speed, power, stances, focus, spirit and introduction

## 3. TEAM TRADITIONAL FORM (3 PARTICIPANTS PER TEAM OR MORE)

<u>Rank/Age Bracket</u>	<u>Form</u>
Color Belts / All ages	One form of choice
Black Belts / All ages	One form of choice

**Note:**

- All students must wear complete uniform
- Haidong Gumdo students must use a mokgum or gagum
- Competitors will be judged on correctness of techniques in form demonstrated, speed, power, stances, focus, spirit and introduction as well as synchronicity

## 4. SPARRING CHOREOGRAPHY / GYUKGUM (2 PARTICIPANTS PER TEAM)

<u>Rank/Age Bracket</u>
Color Belts / All ages
Black Belts / All ages

**Note:**

- All students must wear complete uniform
- Haidong Gumdo students must use a mokgum or battle sword
- 2 minute time limit
- Points awarded on creativeness, practicality, spirit and showmanship

## 5. TEAM DEMO (3 PARTICIPANTS OR MORE PER TEAM)

<u>Rank/Age Bracket</u>
All Belts / Children all ages
All Belts / Adults all ages
<b>Note:</b> <ul style="list-style-type: none"><li>-Students may wear custom uniforms</li><li>-Music may be used, competitors must provide music on CD and get approval before tournament</li><li>-Haidong Gumdo students must use a mokgum or gagum, jingum is allowed for cutting</li><li>-Tong Che Bahk Do students may use boards for breaking and Haidong Gumdo students may use apples, paper, or tatami mat for cutting. <u>Supplies may be purchased from Instructor.</u></li><li>-Competitors will be judged on creativeness, technicality, showmanship and spirit</li></ul>

## 6. LIL' DRAGONS SPARRING

<u>Rank/Age Bracket</u>
All Belts / All ages
<b>Note:</b> <ul style="list-style-type: none"><li>-All students must wear complete uniform</li><li>-All students will medal in this category</li><li>-Matches are 30 seconds long</li><li>-Competitors will spar in several matches</li></ul>

## 7. POINT SPARRING

<u>Rank/Age Bracket</u>
White Belt / Children ages 5-7
Color Belt / Children ages 5-7
Color Belt / Children ages 8-11
Color Belt / Teens ages 12-17
Color Belt / Adults ages 18-Up
Black Belt / Children ages 7-11
Black Belt / Teens ages 12-17
Black Belt / Adults ages 18-Up
<b>Note:</b> <ul style="list-style-type: none"><li>-All students must wear complete uniform</li><li>-All students must have sparring helmet, gloves and boots. <u>Gear may be purchased from Instructor.</u></li><li>-Points are awarded per the following; .5 point for leg strike (outside or inside of thigh only), 1 point for body strike, 2 points for head strike (side or top of head only)</li><li>-Illegal target zones are the face, throat, neck, groin, knees, feet, and anywhere on the back side of the body</li><li>-All strikes must be moderate contact and executed with control</li><li>-Only one verbal warning will be given for illegal contact or unsportsmanlike conduct before a point is taken away for each subsequent violation. If 3 points are taken away in one match, competitor is disqualified from the match</li><li>-Competitor must stay in bounds to be awarded a point</li><li>-Two minute time limit, competitor must score 10 points to win or have the most points at the end of the match</li><li>-Competitors will spar in several matches</li></ul>

## 8. HAI DONG GUMDO POINT SPARRING

<u>Rank/Age Bracket</u>
Color Belt / All ages
Black Belt / All ages
<p><b>Note:</b></p> <ul style="list-style-type: none"> <li>-All students must wear complete uniform</li> <li>-All students must have sparring helmet and sword. <u>Gear may be purchased from Instructor.</u></li> <li>-Points are awarded per the following; .5 point for leg strike, 1 point for body strike, 2 points for head strike</li> <li>-Illegal target zones are the throat, neck, groin, and anywhere on the back side of the body</li> <li>-All cuts/thrusts must be moderate contact and executed with control</li> <li>-Only one verbal warning will be given for illegal contact or unsportsmanlike conduct before a point is taken away for each subsequent violation. If 3 points are taken away in one match, competitor is disqualified from the match</li> <li>-Competitor must stay in bounds to be awarded a point</li> <li>-Two minute time limit, competitor must score 10 points to win or have the most points at the end of the match</li> <li>-Competitors will spar in several matches</li> </ul>

## 9. CONTINUOUS SPARRING

<u>Rank/Age Bracket</u>
White Belt / Children ages 5-7
Color Belt / Children ages 5-7
Color Belt / Children ages 8-11
Color Belt / Teens ages 12-17
Color Belt / Adults ages 18-Up
Black Belt / Children ages 7-11
Black Belt / Teens ages 12-17
Black Belt / Adults ages 18-Up
<p><b>Note:</b></p> <ul style="list-style-type: none"> <li>-All students must wear complete uniform</li> <li>-All students must have sparring helmet, gloves and boots. <u>Gear may be purchased from Instructor.</u></li> <li>-Victor is determined by these categories; effective attacking techniques, control of techniques, controlling the flow of the bout, ring craft, evasion, timing, and blocking. Number of strikes will not determine the victor</li> <li>-Illegal target zones are the face, throat, neck, groin, knees, feet, and anywhere on the back side of the body</li> <li>-All strikes must be moderate contact and executed with control</li> <li>-Only one verbal warning will be given for illegal contact or unsportsmanlike conduct. Depending on severity of further violations, competitor may be penalized points or disqualified for infraction</li> <li>-One, one minute round</li> <li>-Competitors will spar in several matches</li> </ul>

*\*\*Age and rank brackets are subject to change and based upon amount of competitors. Some students may be asked to move up or down a bracket to adjust numbers in a specific category. We will do our best to make each bracket and category competitive and fair while providing ample opportunity to medal.\*\**

# Battle of the Schools Tournament Registration Form

**Competitor's Name:** \_\_\_\_\_

**Contact Number:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Emergency Contact Name:** \_\_\_\_\_

**Emergency Contact Number:** \_\_\_\_\_

**Age on Date of Tournament:** \_\_\_\_\_

**Current Rank:** \_\_\_\_\_

**Art Studying:** Lil' Dragons Martial Arts      Tigers Martial Arts      Tong Che Bahk Do      Haidong Gumdo  
(*Circle one*)

**School:** Surprise (Sunset Hills)      Buckeye (Dr. Saide)      Surprise (Countryside)  
(*Circle one*)

**Events Competing in (*Mark with an X*):**

1. Tong Che Bahk Do Form: \_\_\_\_\_
2. Haidong Gumdo Forms: \_\_\_\_\_
3. Team Traditional Form: \_\_\_\_\_
4. Sparring Choreography / Gyukgum: \_\_\_\_\_
5. Team Demo: \_\_\_\_\_
6. Lil' Dragons Sparring: \_\_\_\_\_
7. Point Sparring: \_\_\_\_\_
8. Haidong Gumdo Sparring: \_\_\_\_\_
9. Continuous Sparring: \_\_\_\_\_

**\$25 for first event, \$5 for each additional event, and \$10 per participant for team events. Registration after April 7th is \$10 extra.**

**Please submit payment in form of cash or check made payable to Chris Guffey.**

**Total= \$ \_\_\_\_\_**

**Waiver:**

Waiver to release instructor, facility, volunteers, agents, representatives, sponsors and all other related members from all claims, actions, suits and controversies at law by reason of matter or cause sustained by me as a result of or in connection with my participation in CG Martial Arts Academy's Tournament and from responsibility for any injury/incident/accident from my participation in activity: especially but not limited to: sparring, demonstration or the combination of both. I understand that any medical attention afforded to me, will be of a first-aid nature only and I release all agents, volunteers, sponsors, school, facility, officers and other related members and entities from any liability for such aid to me. I consent that any pictures or video furnished by me or any pictures or video taken of me at the tournament can be used for publicity, promotion, or media showing now or in the future.

**(Parent/legal guardian signature if competitor is under the age of 18)**

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_